



THE SPORT OF FITNESS
Event Day Details
2nd Challenge: Houston, TX

Details:

Cut Off Date for Registration is Friday, February 29th

***Please Note: There will be no Late Registration for this event**

Each Participant must fill out an Entry Form. This can be found on TheFittestGames.Com Under Games

Event Time:

Weigh-In 7:00-9:00am

The Event will begin @ 9:00am

Breakaway Speed Sports

8715 West Loop South

Houston, TX

Packet Pick Up:

All participants will be able to pick up their T-Shirt & Packets Saturday, March 8th from 7:00am-9:00am

Parking:

Parking will be directed by CrossFit Central staff. Parking will be available in the Breakaway Speed parking lot.

The Challenge:

CrossFit Total

Mark Rippetoe CSCS of CrossFit Wichita Falls, author of *Starting Strength: A Simple and Practical Guide for Coaching Beginners* and contributor to the CrossFit Journal will be judging this challenge

Lodging Info:

Holiday Inn, Near the Galleria

3131 West Loop South

Phone: (713) 961-1640

- \$89.00 a night - Mention CrossFit Central
- Cut off date for special rate is February 15th

Nearby Airports:

George Bush Intercontinental Airport

Houston Hobby Airport